

Product Information Bulletin

Better building ideas from PFB		
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NBC 2015 - Saskatchewan Plasti-Fab EPS Product Solution

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National Building Code of Canada 2015 (NBC 2015), Section 9.36., **Energy Efficiency**, came into force in Saskatchewan for any building permit issued on or after January 1, 2019. NBC 2015, Section 9.36. provides energy efficiency requirements for buildings 3 storeys or less in building height, having a building area not exceeding 600 m² and used for major occupancies classified as residential occupancies.

This bulletin summarizes Plasti-Fab[®] expanded polystyrene (EPS) product solutions for use in building assemblies complying with NBC 2015, Section 9.36.2. for Saskatchewan building locations.

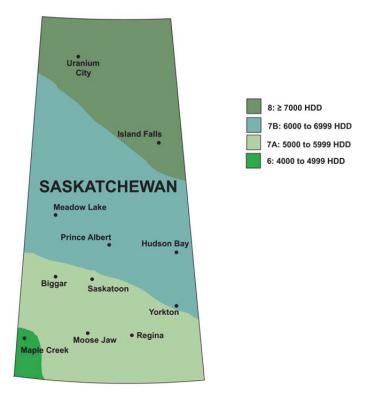


Figure 1: Saskatchewan Climate Zone Map

Table 1 – NBC 2015, Division B, Appendix C, Heating Degree Days (HDD) for Building Locations

Zone 7a		Zone 7b		Zone 8	
Location	HDD	Location	HDD	Location	HDD
Moose Jaw	5270	Yorkton	6000	Island Falls	7100
Regina	5600	Prince Albert	6100	Uranium City	7500
Saskatoon	5700	Hudson Bay	6280		
Biggar	5720	Nipawin	6300		



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Effective thermal resistance (RSI_{eff}/ R_{eff}) of building assemblies calculated using the formula below includes the effect of thermal bridging due to repetitive structural members such as wood framing members in walls.

$$RSI_{eff}(R_{eff}) = \frac{100\%}{\frac{\% \text{ Area of Framing}}{RSI_{E}(R_{E})} + \frac{\% \text{ Area of Cavity}}{RSI_{C}(R_{C})}} + RSI(R) \text{ Continuous Material Layers}$$

Table 2 provides minimum RSI_{eff} (R_{eff}) from NBC 2015 for above grade wall applications applicable to Saskatchewan Climate Zone locations per Table 1.

Climata Zana	Table 9.36.2.6A – Without HRV		Table 9.36.2.6	B – With HRV
Climate Zone	RSI _{eff}	R _{eff}	RSI _{eff}	R _{eff}
7a	3.08	17.5	2.97	16.9
7b	3.85	21.9	3.08	17.5
8	3.85	21.9	3.08	17.5

Table 2 – NBC 2015 RSI_{eff} (R_{eff}) for Above Grade Walls

Table 3 provides examples of Plasti-Fab EPS product solutions that can be used to meet NBC 2015 minimum RSI_{eff} (R_{eff}) requirements for above grade wall applications.

Table 3	- Plasti-Fab El	Produc	+ Salutions	for Above	Grade Walle
Table 5	- FIASU-FAD EI	3 Froduc	i Sommons	TOLADOVE	Grace wans

Plasti-Fab Wall Option Description	NBC 2015 Climate Zone	Minimum RSI _{eff} (R _{eff})	Base Wall RSI _{eff} (R _{eff}) ¹	RSI (R) Plasti-Fab Solution
Wall Options with Plasti-Fab Continuous EPS Inst	lating Sheat	hing ²		
Option A – without HRV	7a	3.08 (17.5)	4.00 (40.0)	1.18 (6.7)
Base wall - 2 x 4 wood studs @ 406 mm (16") on center with RSI-2.29 (R-13) cavity insulation	7b to 8	3.85 (21.9)	1.90 (10.8)	1.95 (11.1)
Option B – With HRV	7a	2.97 (16.9)	4.00 (40.0)	1.07 (6.1)
Base wall as per Option A	7b to 8	3.08 (17.5)	1.90 (10.8)	1.18 (6.7)
Option C – Without HRV Base wall - 2 x 6 wood studs @ 406 mm (16") on center with RSI-3.34 (R-19) cavity insulation	7b to 8	3.85 (21.9)	2.68 (15.2)	1.17 (6.7) ³
Wall Options with Plasti-Fab EPS Building System	ns			
Option E: With or Without HRV Advantage ICF System® wall – see Advantage ICF System PIB 222 for RSI _{eff} /R _{eff} calculated per note 4	7a to 8	3.85 (21.9)	NA	4.14 (23.5)
Option F: With or Without HRV Insulspan® SIP System (6 ½" SIP) – see Insulspan SIP System PIB 209 for RSI _{eff} /R _{eff} calculated per note 4	7a to 8	3.08 (17.5)	NA	3.42 (19.4)
Option G: Without HRV Insulspan® SIP System (8 ¼" SIP) – see Insulspan SIP System PIB 209 for RSI _{eff} /R _{eff} calculated per note 4	7b to 8	3.85 (21.9)	NA	4.32 (24.5)

Base wall RSI_{eff} (R_{eff}) calculations include the contribution from wood studs with cavity insulation plus continuous elements other than Plasti-Fab EPS insulation – i.e., outside air film, cladding, gypsum board and inside air film.

^{2.} Determine Plasti-Fab EPS insulation thickness based upon RSI/R-values for Plasti-Fab EPS options in Table 6.

^{3.} **DuroFoam**, **DuroFoam Plus** and **DuroSpan GPS** insulations are manufactured with a laminated film on each face and have a vapour permeance characteristic less than 30 ng/Pa•s•m². When applied as exterior insulating sheathing in Climate Zone 8, the minimum RSI (R) for these insulation options would be RSI-1.28 (R-7.3) to meet the minimum ratio of outboard to inboard insulation per NBC 2015, Article 9.25.5.2.

RSI(R) in table 3 is RSI_{eff}/R_{eff} for wall systems built with Plasti-Fab building system noted.



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Table 4 provides minimum RSI_{eff} (R_{eff}) from NBC 2015 for below-grade wall applications.

Table 4 – NBC 2015 RSI_{eff} (R_{eff}) of Below-Grade Foundation Walls

Climata Zana	Table 9.36.2.8 <i>I</i>	A – Without HRV	Table 9.36.2.8.	-B – With HRV
Climate Zone	RSI _{eff}	R _{eff}	RSI _{eff}	R _{eff}
7a	3.46	19.6	2.98	16.9
7b	3.46	19.6	2.98	16.9
8	3.97	22.5	2.98	16.9

Table 5 provides examples of Plasti-Fab EPS product solutions that can be used to meet NBC 2015 minimum $RSI_{eff}(R_{eff})$ requirements for below-grade wall applications.

Table 5 - Plasti-Fab EPS Product Solutions for Below-Grade Foundation Walls

Plasti-Fab Wall Option Description	NBC 2015 Climate Zone	Minimum RSI _{eff} (R _{eff})	Base Wall RSI _{eff} (R _{eff}) ¹	RSI (R) Plasti-Fab Solution
Wall Options with Plasti-Fab Continuous EPS Inte	rior or Exteri	or Insulation²		
Option A – Without HRV Base wall – 2 x 3 wood studs @ 610 mm (24") on	7a to 7b	3.46 (19.6)	0.35 (2.0)	3.11 (17.6)
center	8	3.97 (22.5)	0.33 (2.0)	3.62 (20.5)
Option B – Without HRV	7a to 7b	3.46 (19.6)	1.00 (11.2)	1.47 (8.3)
Base wall – 2 x 4 wood studs @ 610 mm (24") on center with RSI-2.11 (R-12) cavity insulation	8	3.97 (22.5)	1.99 (11.3)	1.98 (11.2)
Option C – Without HRV	7a to 7b	3.46 (19.6)	0.07 (40.0)	0.49 (2.7)
Base wall – 2 x 6 wood studs @ 610 mm (24") on center with RSI-3.34 (R-19) cavity insulation	8	3.97 (22.5)	2.97 (16.9)	1.00 (5.6)
Option D – With HRV Base wall – 2 x 3 wood studs @ 610 mm (24") on center	7a to 8	2.98 (16.9)	0.35 (2.0)	2.63 (14.9)
Option E: With HRV Base wall – 2 x 4 wood studs @ 610 mm (24") on center with RSI-2.11 (R-12) cavity insulation	7a to 8	2.98 (16.9)	1.99 (11.3)	0.99 (5.6)
Wall Options with Plasti-Fab Building System				
Option F: With or Without HRV Advantage ICF System® wall – see Advantage ICF System PIB 222 for RSI _{eff} /R _{eff} calculated per note 3	7a to 8	3.97 (22.5)	NA	4.00 (22.7)

^{1.} Base wall RSI_{eff} (R_{eff}) calculations include the contribution from framed portion of wall plus continuous elements other than Plasti-Fab EPS insulation – i.e., concrete foundation wall, gypsum board and inside air film.

Table 6 – RSI (R-value) Plasti-Fab Continuous EPS Insulation Options

Plasti-Fab Continuous EPS Insulation Option	RSI (R) Unit of Thickness
<i>PlastiSpan</i> [®] or <i>DuroFoam</i> [®] insulation	RSI-0.65 per 25 mm (R-3.75 per inch)
PlastiSpan HD or DuroFoam Plus insulation	RSI-0.70 per 25 mm (R-4.04 per inch)
DuroSpan® GPS insulation	RSI-0.82 per 25 mm (R-4.7 per inch)
EnerSpan® insulation	RSI-0.82 per 25 mm (R-4.7 per inch)

^{2.} Determine Plasti-Fab EPS insulation thickness based upon RSI/R-values for Plasti-Fab EPS options in Table 6.

^{3.} RSI(R) in table 5 is RSI_{eff}/R_{eff} for wall system built with Advantage ICF System.



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Table 7 provides minimum RSI_{eff} (R_{eff}) from NBC 2015 for floors in contact with the ground.

Table 7 – NBC 2015 RSI_{eff} (R_{eff}) for Floors in Contact with the Ground

Climate Zones	Zone 7a	Zone 7a Zone 7b		
Heating Degree-Days (HDD)	5,000 to 5,999	6,000 to 6,999	≥ 7,000	
Celsius Degree-Days	Minimum RSI _{eff} - m ² •°C/W (R _{eff} - ft ² •hr•°F/BTU)			
Unheated Floors above frost Line	1.96 (11.1)	1.96 (11.1)	1.96 (11.1)	
Heated Floors	2.84 (16.1)	2.84 (16.1)	2.84 (16.1)	

Table 8 provides Plasti-Fab EPS product solutions that can be used to meet NBC 2015 minimum RSI_{eff} (R_{eff}) requirements for floor slab applications.

Table 8 - Plasti-Fab EPS Product Solutions for Floors in Contact with the Ground

Plasti-Fab Option Description	NBC 2015 Climate Zone	Minimum RSI _{eff} (R _{eff}) ¹	Plasti-Fab EPS Insulation Min. RSI (R) ²
Options with Plasti-Fab EPS Insulation			
Option A – Unheated Slab Above Frost Line ³ Plasti-Fab EPS insulation between 2 x 3 wood nailers @ 610 mm (24") on center above slab	7a to 8	1.96 (11.1)	1.83 (10.4)
Option B – Unheated Slab Above Frost Line ⁴ Plasti-Fab EPS insulation below slab	7a to 8	1.96 (11.1)	1.76 (10.0)
Option C – Heated Slab ⁵ Plasti-Fab continuous EPS insulation below slab	7a to 8	2.84 (16.1)	2.12 (12.0)

- 1. RSI_{eff} (R_{eff}) calculations include:
 - a. Contribution from wood nailers with Plasti-Fab EPS insulation for above slab option plus continuous elements in assembly i.e., concrete floor slab, floor sheathing and inside air film.
 - b. Contribution from continuous Plasti-Fab EPS insulation below slab plus other continuous elements in assembly i.e., concrete floor slab and inside air film.
- 2. Determine Plasti-Fab EPS insulation thickness based upon RSI/R-values for Plasti-Fab EPS options in Table 9.
- 3. Unheated slabs above the frost line shall be insulate within the wooden sleepers below the floor for a distance not less than 1.2 m (4 ft) horizontally from the perimeter of the slab
- 4. Unheated slabs above the frost line shall be insulated beneath the slab for a distance not less than 1.2 m (4 ft) horizontally from the perimeter of the slab with a thermal break along the edge of the slab.
- 5. Floors-on-ground with embedded heating ducts, cables or pipes (heated slabs) shall be insulated to the effective thermal resistance under their full bottom surface including the edges.

Table 9 - RSI (R-value) Plasti-Fab EPS Insulation Options

Plasti-Fab EPS Insulation Option	RSI (R) Unit of Thickness	
<i>PlastiSpan</i> [®] or <i>DuroFoam</i> [®] insulation	RSI-0.65 per 25 mm (R-3.75 per inch)	
PlastiSpan HD or DuroFoam Plus insulation	RSI-0.70 per 25 mm (R-4.04 per inch)	
DuroSpan® GPS insulation	RSI-0.82 per 25 mm (R-4.7 per inch)	
EnerSpan [®] insulation	RSI-0.82 per 25 mm (R-4.7 per inch)	
Radon Guard® insulation1	RSI-0.70 per 25 mm (R-4.04 per inch)	

 Note Radon Guard insulation applicable for below slab insulation options. In addition to providing required thermal insulation, Radon Guard insulation is used as a component in a Radon mitigation system – for additional information see Plasti-Fab Product Information Bulletin 294.